



Conquer back or joint pain without drugs or surgery

You and your eligible family members get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, or neck pain**, which include:

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 80,000 members have joined our programs so far, and **cut their pain by over 60%**! Visit the website below to learn more and join the waitlist. You'll be contacted with an email reminder when the benefit is live July 1, 2021.



Eligibility: Employees and dependents 18+ enrolled in a Meritain medical plan through ASBAIT are eligible.

Coming soon in July 2021! To learn more and join the waitlist, visit:

HINGEHEALTH.COM/ASBAIT